



April 2017

朝	Monday	Tuesday	Wednesday	Thursday	Friday
3	Whole Grain Donut	Bacon, Egg & Cheese Sandwich	Cinnamon French Toast	Pancakes & Sausage	7 Triple Berry French Toast
	Fruit Cocktail, 100% Juice Variety, Choice of Milk	Orange Wedges, 100% Juice Variety, Choice of Milk	Diced Pears, 100% Juice Variety, Choice of Milk	Fresh Apple, 100% Juice Variety, Choice of Milk	Diced Peaches, 100% Juice Variety, Choice of Milk
10	Spring Break	11 Spring Break	Spring Break	13 Spring Break	Spring Break
17	Cinnamon French Toast	Whole Grain Donut	Bacon, Egg & Cheese Sandwich	French Toast & Sausage	Whole Grain Cinnamon Roll
	Fruit Cocktail, 100% Juice Variety, Choice of Milk	Orange Wedges, 100% Juice Variety, Choice of Milk	Diced Pears, 100% Juice Variety, Choice of Milk	Fresh Apple, 100% Juice Variety, Choice of Milk	Diced Peaches, 100% Juice Variety, Choice of Milk
24		25	26	27	28
	Maple Waffles & Syrup	Sausage, Egg & Cheese Sandwich	Whole Grain Donut	Pancakes & Sausage	Maple Waffles & Syrup
	Orange Wedges, 100% Juice Variety, Choice of Milk	Fresh Apple, 100% Juice Variety, Choice of Milk	Applesauce, 100% Juice Variety, Choice of Milk	Fresh Banana, 100% Juice Variety, Choice of Milk	Diced Peaches, 100% Juice Variety, Choice of Milk
			Wellness Lesson of the Month: Start with a Good Breakfast!		

Additional Daily Breakfast Options: Breakfast Sandwiches

Breakfast Sandwiches
Assorted Cereals
Assorted Muffins
Cereal Bars
Yogurt Variety
Bagels

Milk Offerings:

Skim Chocolate or 1% White Milk

Breakfast Price: \$1.90 Full; \$0.30 Reduced

To make a complete meal, students must select at least 3 different items from the required food groups offered at breakfast. At least one item must be a 1/2 cup fruit, 1/2 cup vegetable or a 4 ounce serving of 100% fruit juice.

> Menus are subject to hange without notice

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Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty Sandwich w/Bleu Cheese Dressing	Chicken Cheesesteak Sub	Flatbread Pizza Variety	Baked Chicken Bar with Dinner Roll	7 Fish Po'Boy
Baked Beans, Fresh Celery Sticks, Orange, Diced Peaches, 100% Juice Variety	Steamed Carrots, Cucumber & Tomato Salad, Apple, Fruit Cocktail, 100% Juice Variety	Mashed Potatoes, Fresh Broccoli Florets, Orange, Applesauce, 100% Juice Variety	Steamed Peas, Fresh Cucumber Slices, Banana, Diced Pears, 100% Juice Variety	Steamed Broccoli, Fresh Baby Carrots, Apple, Diced Peaches, 100% Juice Variety
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Chili Cheese Dog	Chicken Alfredo with Breadstick	Meat Lovers Calzone	Chicken Ranch Flatbread	Grilled Cheese & Tomato Soup
Chicken Banh Mi	Chicken Banh Mi	Chicken Banh Mi	Chicken Banh Mi	Chicken Banh Mi
Baked Beans, Diced Pears, Fruit Cocktail, 100% Juice Variety	Steamed Spinach, Baby Carrots, Diced Peaches, 100% Juice Variety	Steamed Broccoli, Fresh Celery Sticks, Orange, Applesauce, 100% Juice Variety	Steamed Corn, Fresh Banana, Diced Pears, 100% Juice Variety	Tater Tots, Fresh Garden Salad, Diced Peaches, 100% Juice Variety
24 Meatball Pizza Sub	Chicken Fried Rice	Turkey Reuben Melt	27 Boneless Buffalo Wings with Roll	Bacon Cheeseburger
Chicken & Waffles	Chicken & Waffles	Chicken & Waffles	Chicken & Waffles	Chicken & Waffles
Baked Beans, Fresh Tomato Wedges, Orange, Fruit Cocktail, 100% Juice Variety	Steamed Spinach, Baby Carrots, Applesauce, 100% Juice Variety	Mashed Potatoes, Fresh Cucumber Slices, Apple, Diced Peaches, 100% Juice Variety	Green Beans, Fresh Celery Sticks, Banana, Fruit Cocktail, 100% Juice Variety	Baked Beans, Fresh Baby Carrots, Apple, Diced Peaches, 100% Juice Variety
				Try one of our featured Fuel Recipes April 17th—28th

Additional Daily Entrée Options:

Made to Order Salad Bar
Select from a variety of fresh vegetables and fruits and top with your choice of protein: grilled chicken, breaded chicken, turkey, hard boiled eggs, tuna, beans, cheddar, and/or mozzarella. Offered with dinner roll.

Made to Order Deli Bar

Build your own sandwich or wrap. Choose between turkey, chicken salad, tuna or breaded chicken. Top
with American, pepper jack or provolone cheese and finish with crisp veggies and choice of condiments.

Peanut Butter & Jelly Sandwiches and a variety of Grab & Go Sandwiches are offered daily.

Deluxe Chicken Patty Sandwich, Cheeseburger, Chicken Nuggets w/Roll, Cheesesteak

The Pizzeria

To make a meal, students must select foods from at least 3 different food groups. At least one item must be a ½ cup fruit, ½ cup vegetable or a 4oz serving of 100% juice. Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged a la carte.

Skim White, Skim Chocolate or 1% White