



Cherry Hill Public Schools High School Breakfast Menu December 2018

3 **Ham, Cheese, and Egg Roll-Up**
Apple Orange Yogurt Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

4 **Sausage & Cheese Quesadilla**
Purple Haze Yogurt Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

5 **Scrambled Eggs, Tater-Tots, & Toast**
Cocoa Banana Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

6 **Chicken & Waffle Sandwich**
Strawberry Peach Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

7 **Sausage, Egg & Cheese Breakfast Sandwich**
Fruit Variety
100% Juice Variety
Choice of Milk

10 **Pancake Wrap**
Apple Orange Yogurt Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

11 **Ham, Egg & Cheese Pancake Sandwich**
Purple Haze Yogurt Smoothie
Fruit Variety
100% Juice Variety

12 **Dutch Waffle w/ Strawberries**
Cocoa Banana Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

13 **Pancake Wrap**
Strawberry Peach Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

14 **French Toast Sticks with Sausage**
Strawberry Pineapple Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

17 **Apple Frudel**
Apple Orange Yogurt Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

18 **Ham, Egg, Cheese, & Salsa Roll-Up**
Purple Haze Yogurt Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

19 **Egg Omelet, Tater-Tots, & Toast**
Cocoa Banana Smoothie
Fruit Variety
100% Juice Variety
Choice of Milk

20 **Sausage & Cheese Quesadilla**
Fruit Variety
100% Juice Variety
Choice of Milk

21 **French Toast Sticks with Sausage**
Fruit Variety
100% Juice Variety
Choice of Milk

24
No School

25
No School

26
No School

27
No School

28
No School

31
No School

No School

No School

Free and Reduced Meals to those who qualify
Paid Breakfast: \$1.85
Reduced Breakfast \$:.30

Free and Reduced Meal applications can be filled out anytime during the school year. Please complete one per family

Available Daily: Breakfast Smoothies
Breakfast Sandwiches, Yogurt Parfaits, Whole Grain Cereals, Whole Grain Cereal Bars, Whole Grain Muffins, and Whole Grain Bagel with Cream Cheese.

Daily Milk Choices:
Skim Flavored, 1% White & Skim White