



January

2019

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 No School	2 Sausage, Egg, & Cheese on a Bagel Cocoa Banana Smoothie Fruit Variety 100% Juice Variety Choice of Milk	3 WG Plain or WG Lucky Charm Donut Strawberry Peach Smoothie Fruit Variety 100% Juice Variety Choice of Milk	4 Sausage, Egg, & Cheese on a Bagel Fruit Variety 100% Juice Variety Choice of Milk	Special News... More Info... Free and Reduced Meals to those who qualify Paid Breakfast: \$1.85 Reduced Breakfast \$:.30 A variety of milk is offered daily: Skim Chocolate and 1% White Milk Free and Reduced Meal applications can be filled out anytime during the school year This institution is an Equal Opportunity Provider Available Daily: Breakfast Sandwiches, Yogurt Parfaits, Whole Grain Cereals, Whole Grain Cereal Bars, Whole Grain Muffins, and Whole Grain Bagel with Cream Cheese Daily Milk Choices: Skim Flavored, 1% White & Skim White <small>Menus are subject to change without notice.</small>
7 WG Cinnamon Waffles Apple Orange Yogurt Smoothie Fruit Variety 100% Juice Variety Choice of Milk	8 WG Dutch Waffle w/ Fruit Purple Haze Yogurt Smoothie Fruit Variety 100% Juice Variety Choice of Milk	9 Sausage, Egg, & Cheese on a Bagel Cocoa Banana Smoothie Fruit Variety 100% Juice Variety Choice of Milk	10 Breakfast Tater-Taco Strawberry Peach Smoothie Fruit Variety 100% Juice Variety Choice of Milk	11 Sausage, Egg, & Cheese on a Bagel Strawberry Pineapple Smoothie Fruit Variety 100% Juice Variety Choice of Milk	
14 Sausage, Egg, & Cheese on a Bagel Apple Orange Yogurt Smoothie Fruit Variety 100% Juice Variety Choice of Milk	15 Turkey Pancake Nuggets Purple Haze Yogurt Smoothie Fruit Variety 100% Juice Variety Choice of Milk	16 Sausage, Egg, & Cheese on a Bagel Cocoa Banana Smoothie Fruit Variety 100% Juice Variety Choice of Milk	17 WG Confetti Pancakes Strawberry Peach Smoothie Fruit Variety 100% Juice Variety Choice of Milk	18 WG French Toast Sticks Fruit Variety 100% Juice Variety Choice of Milk	
21 No School	22 WG Dutch Waffle w/ Fruit Grape Crescent Roll Fruit Variety 100% Juice Variety Choice of Milk	23 Apple Bosco Stick Cocoa Banana Smoothie Fruit Variety 100% Juice Variety Choice of Milk	24 Sausage & Cheese English Muffin Strawberry Peach Smoothie Fruit Variety 100% Juice Variety Choice of Milk	25 Sausage, Egg, & Cheese on a Bagel Strawberry Pineapple Smoothie Fruit Variety 100% Juice	
28 Individual Waffles Apple Orange Yogurt Smoothie Fruit Variety 100% Juice Variety Choice of Milk	29 WG Vanilla Donut Purple Haze Yogurt Smoothie Fruit Variety 100% Juice Variety Choice of Milk	30 Sausage, Egg, & Cheese on a Bagel Cocoa Banana Smoothie Fruit Variety 100% Juice Variety Choice of Milk	31 WG Confetti Pancakes Strawberry Peach Smoothie Fruit Variety 100% Juice Variety Choice of Milk		

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Special News...

Free and Reduced Meal applications can be filled out anytime during the school year. Please complete one per family.

