



# High School Breakfast Menu

May 2017

1

### Whole Grain Donut

Orange Wedges,  
100% Juice Variety,  
Choice of Milk

2

### Pancakes & Sausage

Fruit Cocktail,  
100% Juice Variety,  
Choice of Milk

3

### Cinnamon French Toast

Diced Pears,  
100% Juice Variety,  
Choice of Milk

4

### Apple Frudel

Fresh Apple,  
100% Juice Variety,  
Choice of Milk

5

### Triple Berry French Toast

Diced Peaches,  
100% Juice Variety,  
Choice of Milk

8

### Whole Grain Cinnamon Roll

Orange Wedges,  
100% Juice Variety,  
Choice of Milk

9

### French Toast & Sausage

Fruit Cocktail,  
100% Juice Variety,  
Choice of Milk

10

### Whole Grain Donut

Applesauce,  
100% Juice Variety,  
Choice of Milk

11

### Sausage, Egg & Cheese Sandwich

Fresh Banana,  
100% Juice Variety,  
Choice of Milk

12

### Pancakes & Sausage

Diced Peaches,  
100% Juice Variety,  
Choice of Milk

15

### Whole Grain Donut

Fruit Cocktail,  
100% Juice Variety,  
Choice of Milk

16

### Turkey Pancake Wrap

Orange Wedges,  
100% Juice Variety,  
Choice of Milk

17

### French Toast & Sausage

Diced Pears,  
100% Juice Variety,  
Choice of Milk

18

### Bacon, Egg & Cheese Sandwich

French Banana,  
100% Juice Variety,  
Choice of Milk

19

### Cinnamon French Toast

Diced Peaches,  
100% Juice Variety,  
Choice of Milk

22

### Whole Grain Cinnamon Roll

Orange Wedges,  
100% Juice Variety,  
Choice of Milk

23

### Sausage, Egg & Cheese Sandwich

Fresh Apple,  
100% Juice Variety,  
Choice of Milk

24

### Whole Grain Donut

Applesauce,  
100% Juice Variety,  
Choice of Milk

25

### Pancakes & Sausage

Raisins,  
100% Juice Variety,  
Choice of Milk

26

### Maple Waffles & Syrup

Diced Peaches,  
100% Juice Variety,  
Choice of Milk

29

**Memorial Day  
Schools Closed**

30

### Whole Grain Donut

Fruit Cocktail,  
100% Juice Variety,  
Choice of Milk

31

### Bacon, Egg & Cheese Sandwich

Orange Wedges,  
100% Juice Variety,  
Choice of Milk

*Did you know...  
Breakfast is offered at all  
schools within the district.  
Start your day the healthy  
way. Join us for a  
nutritious breakfast today!*

### Additional Breakfast Options:

Breakfast Sandwiches, Assorted Cereals, Assorted Muffins, Cereal Bars, Yogurt & Bagels

### Milk Offerings:

Skim Chocolate & 1% White Milk

### Breakfast Price:

\$2.00 Full; \$0.30 Reduced

To make a complete meal, students must select at least 3 different items from the required food groups offered at breakfast. At least one item must be ½ cup fruit, ½ cup vegetable or a 4 ounce serving of 100% fruit juice.

Menus are subject to change without notice.