



May

2019

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... More Info... Free and Reduced Meals to those who qualify Paid Lunch: \$3.00 Reduced Lunch \$:.40 A variety of milk is offered daily: Skim Chocolate and 1% White Milk Free and Reduced Meal applications can be filled out anytime during the school year This institution is an Equal Opportunity Provider <small>Menus are subject to change without notice.</small>
		1 Orange Broccoli Chicken Lomein, Sweet Potato Tots, Fresh Zucchini, Fresh Garden Salad, Fruit Variety	2 Veg Bean Chili w/ Tortilla Crisps Charro Beans, Celery, Fresh Garden Salad, Fruit Variety	3 Top- N-Go Nachos Steamed Kale, Coleslaw, Fresh Garden Salad, Fruit Variety	
6 Breaded Chicken Drumstick with Pretzel Rod Gyro Pizza Steamed Zucchini, Fresh Tomato Wedges, Fresh Garden Salad, Fruit Variety	7 Veg Chili Mac Gyro Pizza Roasted Carrots, Jicama Sticks, Fresh Garden Salad, Fruit Variety	8 BBQ Chicken and Cheddar Flatbread Gyro Pizza Roasted Egg Plant, Pepper Strips, Fresh Garden Salad, Fruit Variety	9 French Toast Sticks with Chicken Sausage Gyro Pizza Hashbrown, Kickn' Pinto Beans, Baby Carrots, Fresh Garden Salad, Fruit Variety	10 Chicken Tangine Soup w/ Flatbread Gyro Pizza Roasted Broccoli, Cucumber Slices, Fresh Garden Salad, Fruit Variety	
13 Salisbury Steak Fully Loaded Pizza Noodles, Tater-Tots, Fresh Broccoli, Fresh Garden Salad, Fruit Variety	14 Sweet & Sour Chicken w/Rice Fully Loaded Pizza Sweet Potato Fries, Fresh Zucchini, Fresh Garden Salad, Fruit Variety	15 Meatball Sub Fully Loaded Pizza Mixed Roasted Veggies, Red Pepper Strips, Fresh Garden Salad, Fruit Variety	16 Fish Sandwich Fully Loaded Pizza Edamame, Fresh Side Salad, Baked Vegetarian Beans, Celery Sticks, Fruit Variety	17 Spaghetti Carbonara with Peas, Bacon, and Chicken Fully Loaded Pizza Fresh Garden Salad, Steamed Green Beans, Cucumber and Tomato Salad, Fruit Variety	
20 Chicken Drumstick w/Dinner Roll Mashed Potatoes, Fresh Broccoli, Fresh Garden Salad, Fruit Variety	21 Chicken Parm w/ Pasta Seasoned Green Beans, Red Peppers, Fresh Garden Salad, Fruit Variety	22 Roast Turkey Orange Glazed Carrots, Mashed Potatoes, Fresh Garden Salad, Fruit Variety	23 Bacon Cheeseburger Fresh Side Salad, Baked Vegetarian Beans, Celery Sticks, Fruit Variety	24 Nacho Bar Steamed Kale, Coleslaw, Fresh Garden Salad, Fruit Variety	
27 Fish Nuggets w/Dinner Roll Crisscut Seasoned Fries, Tomato Wedges, Fresh Garden Salad, Fruit Variety	28 Popcorn Chicken w/ Dinner Roll Roasted Cauliflower, Cucumber Slices, Fresh Garden Salad, Fruit Variety	29 Cheese Ravioli w/ Pretzel Rod Squash, Celery Sticks, Fresh Garden Salad, Fruit Variety	30 Tai lemon Grass Chicken Campfire Beans, Baby Carrots, Fresh Garden Salad, Fruit Variety	31 Beef Chili Cajun Fries Broccoli, Red Pepper Strips, Fresh Garden Salad, Fruit Variety	

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Special News...

Available Daily:
 Made To Order Taco/ Nacho Bar, Deli Bar,
 Pizza Station. & Grill

