



High School Breakfast Menu

October 2017

2

Bacon, Egg & Cheese Sandwich

Fresh Orange,
100% Juice Variety,
Choice of Milk

3

French Toast Sticks & Sausage

Fresh Apple,
100% Juice Variety,
Choice of Milk

4

Triple Berry French Toast

Banana,
100% Juice Variety,
Choice of Milk

5

Whole Grain Donut

Fresh Orange,
100% Juice Variety,
Choice of Milk

6

Dutch Waffle

Fresh Apple,
100% Juice Variety,
Choice of Milk

9

Full Day Teachers In-Service

Schools Closed

10

Sausage, Egg & Cheese Sandwich

Fresh Apple,
100% Juice Variety,
Choice of Milk

11

Whole Grain Donut

Banana,
100% Juice Variety,
Choice of Milk

12

Bacon, Egg & Cheese Sandwich

Fresh Orange,
100% Juice Variety,
Choice of Milk

13

Blueberry Waffle

Fresh Apple,
100% Juice Variety,
Choice of Milk

16

Whole Grain Donut

Fresh Orange,
100% Juice Variety,
Choice of Milk

17

Sausage, Egg & Cheese Sandwich

Fresh Apple,
100% Juice Variety,
Choice of Milk

18

Dutch Waffle

Banana,
100% Juice Variety,
Choice of Milk

19

Bacon, Egg & Cheese Sandwich

Fresh Orange,
100% Juice Variety,
Choice of Milk

20

French Toast Sticks & Sausage

Fresh Apple,
100% Juice Variety,
Choice of Milk

23

Turkey Pancake Wrap

Fresh Orange,
100% Juice Variety,
Choice of Milk

24

Bacon, Egg & Cheese Sandwich

Fresh Apple,
100% Juice Variety,
Choice of Milk

25

Whole Grain Donut

Banana,
100% Juice Variety,
Choice of Milk

26

Pancakes & Sausage

Fresh Orange,
100% Juice Variety,
Choice of Milk

27

Sausage, Egg & Cheese Sandwich

Fresh Apple,
100% Juice Variety,
Choice of Milk

30

Dutch Waffle

Fresh Orange,
100% Juice Variety,
Choice of Milk

31

Bacon, Egg & Cheese Sandwich

Fresh Apple,
100% Juice Variety,
Choice of Milk

*Did you know...
Breakfast is offered at all schools within the district. Start your day the healthy way. Join us for a nutritious breakfast today!*

Additional Breakfast Options:

Breakfast Sandwiches, Assorted Cereals, Assorted Muffins, Cereal Bars, Yogurt & Bagels

Milk Offerings:

Skim Chocolate & 1% White Milk

Breakfast Price:

\$2.00 Full; \$0.30 Reduced

To make a complete meal, students must select at least 3 different items from the required food groups offered at breakfast. At least one item must be ½ cup fruit, ½ cup vegetable or a 4 ounce serving of 100% fruit juice.

Menus are subject to change without notice.