



Cherry Hill Public Schools Middle School Breakfast Menu

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Did You Know... Breakfast is offered at all schools within the district? Start your day the healthy way. Join us for a nutritious breakfast today!</p>				1 Full day Teachers In-Service
4 Schools Closed Labor Day	5 Students Report 1st Day Whole Grain Donut Fresh Apple, 100% Juice Variety, Choice of Milk	6 Blueberry Waffles Fresh Banana, 100% Juice Variety, Choice of Milk	7 Bacon, Egg & Cheese Sandwich Orange Wedges, 100% Juice Variety, Choice of Milk	8 Triple Berry French Toast Fresh Apple, 100% Juice Variety, Choice of Milk
11 Whole Grain Donut Orange Wedges, 100% Juice Variety, Choice of Milk	12 Turkey Pancake Wrap Fresh Banana, 100% Juice Variety, Choice of Milk	13 Sausage, Egg & Cheese Sandwich Fresh Apple, 100% Juice Variety, Choice of Milk	14 Apple Frudel Diced Peaches, 100% Juice Variety, Choice of Milk	15 Mini Cinni Rolls Applesauce, 100% Juice Variety, Choice of Milk
18 Turkey Pancake Wrap Orange Wedges, 100% Juice Variety, Choice of Milk	19 Bacon, Egg & Cheese Sandwich Fresh Apple, 100% Juice Variety, Choice of Milk	20 Whole Grain Donut Fruit Cocktail, 100% Juice Variety, Choice of Milk	21 Schools Closed	22 Schools Closed
25 Sausage, Egg & Cheese Sandwich Diced Peaches, 100% Juice Variety, Choice of Milk	26 Strawberry Cream Cheese Mini Bagels Fresh Banana, 100% Juice Variety, Choice of Milk	27 Cinnamon French Toast Fresh Apple, 100% Juice Variety, Choice of Milk	28 Maple Waffles Fruit Cocktail, 100% Juice Variety, Choice of Milk	29 Whole Grain Donut Diced Pears, 100% Juice Variety, Choice of Milk

Additional Daily Breakfast Options:

- Breakfast Sandwiches
- Assorted Cereals
- Assorted Muffins
- Cereal Bars
- Yogurt Variety
- Bagels

Milk Offerings:

Skim Chocolate or 1% White Milk

Breakfast Price:

\$1.90 Full; \$0.30 Reduced

To make a complete meal, students must select at least 3 different items from the required food groups offered at breakfast. At least one item must be a 1/2 cup fruit, 1/2 cup vegetable

Menus are subject to change without notice.



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Monday	Tuesday	Wednesday	Thursday	Friday
Locally Grown Produce				1 Full Day Teachers In-Service
4 Schools Closed Labor Day	5 Students Report 1st Day Chili Cheese Hot Dog Sweet Potato Fries, Sliced Cucumbers, Apple, Fruit Cocktail, 100% Juice Variety	6 Pasta with Meat Sauce Steamed Carrots, Fresh Garden Salad, Orange, Applesauce, 100% Juice Variety	7 Baked Chicken Variety Baked Beans, Celery Sticks, Banana, Diced Pears, 100% Juice Variety	8 Chicken & Spinach Alfredo Flatbread Spinach, Fresh Baby Carrots, Apple, Diced Peaches, 100% Juice Variety
11 Buffalo Chicken Sandwich with Bleu Cheese Sweet Potato Tots, Bean & Corn Salad, Orange, Fruit Cocktail, 100% Juice Variety	12 Pizza Sticks with Marinara Sauce Steamed Carrots, Fresh Garden Salad, Banana, Applesauce, 100% Juice Variety	13 Popcorn Chicken Mashed Potato Bowl Steamed Peas, Sliced Cucumbers, Apple, Diced Pears, 100% Juice Variety	14 Meat Lovers Calzone Steamed Corn, Fresh Baby Carrots, Fresh Orange, Diced Peaches, 100% Juice Variety	15 Sausage & Herb Flatbread Steamed Broccoli, Fresh Celery Sticks, Banana, Fruit Cocktail, 100% Juice Variety
18 National Cheeseburger Day Bacon Cheeseburger French Fries, Fresh Garden Salad, Apple, Diced Pears, 100% Juice Variety	19 Chicken Parmesan Sandwich Steamed Carrots, Sliced Cucumbers, Orange, Diced Peaches, 100% Juice Variety	20 Meatball Sub Steamed Green Beans, Fresh Baby Carrots, Banana, Applesauce, 100% Juice Variety	21 Schools Closed	22 Schools Closed
25 Turkey Reuben Steamed Broccoli, Fresh Celery Sticks, Apple, Fruit Cocktail, 100% Juice Variety	26 Mozzarella Sticks with Marinara Sauce Sweet Potato Tots, Fresh Garden Salad, Orange, Applesauce, 100% Juice Variety	27 Chicken Gyro Refried Beans, Sliced Cucumbers, Banana, Diced Pears, 100% Juice Variety	28 Three Cheese Calzone Steamed Peas, Fresh Baby Carrots, Apple, Diced Peaches, 100% Juice Variety	29 Chicken Bruschetta Flatbread Steamed Corn, Fresh Broccoli Florets, Orange, Fruit Cocktail, 100% Juice Variety

Additional Daily Entrée Options:

Made to Order Salad Bar

Select from a variety of fresh vegetables and fruits and top with your choice of protein: grilled chicken, breaded chicken, turkey, hard boiled eggs, tuna, beans, cheddar, and/or mozzarella. Offered with dinner roll.

Made to Order Deli Bar

Build your own sandwich or wrap. Choose between turkey, chicken salad, tuna or breaded chicken. Top with American, pepper jack or provolone cheese and finish with crisp veggies and choice of condiments. Peanut Butter & Jelly Sandwiches and a variety of Grab & Go Sandwiches are offered daily.

The Grill

Deluxe Chicken Patty Sandwich, Cheeseburger, Chicken Nuggets w/Roll, Nachos, Cheesesteak

The Pizzeria

Lunch Price:

\$2.90 Full; \$0.40 Reduced

To make a meal, students must select foods from at least 3 different food groups. At least one item must be a ½ cup fruit, ½ cup vegetable or a 4oz serving of 100% juice. Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged a la carte.

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Choice of Milk Offerings: